

Steh auf, wenn du am Boden bist

Die Toten Hosen

1. Strophe

1

T
A
B

15

23

Refrain

30

33

Interlude

2. Strophe

36

42

0 0 0 0 0 0 | 0 0 0 0 0 0 | 0 0 0 2 2 2 | 2 2 2 2 2 2

46

2 2 2 2 2 2 | 0 0 0 0 0 0 | 2 2 2 2 2 2 | 0 0 0 0 0 0

50

2 2 2 2 2 2 | 2 2 2 2 2 2 | 2 2 2 2 2 2 | 2 2 2 2 2 2

54

2 2 2 2 2 2 | 2 2 2 2 2 2 | 2 5 | 7 7 7 7 7 7 7 7 7 7 7 7

Refrain
58

0 0 0 0 0 0 0 0 | 0 0 0 0 2 2 2 2 | 0 0 0 0 0 0 0 0

61

0 0 0 0 2 2 2 2 | 4 4 4 4 4 4 4 4 | 0 0 0 0 2 2 2 2

Solo
64

0 0 0 0 0 0 0 0 | 4 4 4 4 4 4 4 4 | 4 4 4 4 4 4 4 4

67

0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 | 4 4 4 4 4 4 4 4

Bridge

70

4 4 4 4 4 4 4 4 | 0 0 0 0 2 2 2 2 || 2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2

74

2 2 2 2 2 2 2 2 | 2 2 2 2 2 2 2 2 | 2 5 | 7 7 7 7 7 7 7 7

Refrain

78

0 0 0 0 0 0 0 0 | 0 0 0 0 2 2 2 2 | 0 0 0 0 0 0 0 0

81

0 0 0 0 2 2 2 2 | 4 4 4 4 4 4 4 4 | 0 0 0 0 2 2 2 2

84

0 0 0 0 0 0 0 0 | 0 0 0 0 2 2 2 2 | 0 0 0 0 0 0 0 0

87

0 0 0 0 2 2 2 2 | 4 4 4 4 4 4 4 4 | 0 0 0 0 2 2 2 2

Outro

90

Musical notation for measures 90-92. The top staff shows a melody of eighth notes. The bottom staff shows guitar fretting: 0-0-0-0-0-0-0-0, 4-4-4-4-4-4-4-4, and 4-4-4-4-4-4-4-4.

93

Musical notation for measure 93. The top staff shows a melody of eighth notes ending with a half note. The bottom staff shows guitar fretting: 0-0-0-0-2-2-2-2 and 0.